

PARENT TRAINING/COACHING PACKAGE

5 sessions for any parent or caregiver for any age children

Do you ever feel you wish your child was born with a manual? I certainly did feel that way when my two daughters were born! With my life experience as a mother paired with over 13 years of being a Licensed Professional Counselor and a Registered Play Therapist, I walk alongside parents to shepherd through some of the hardest years of raising children.

You will walk away with...



- A personally tailored set of tools to help you and your children feel more integrated.
- Scripts and language to assist when listening and talking with your children.
- A “cheat sheet” (a one-page summary) of all that we discussed.

TOPICS THAT WILL BE COVERED

1. Love Language Assessment
2. Filling your child's two buckets
3. Boundaries and setting limits
4. Attachment Style Assessment
5. Brain Development
6. Lying
7. Window of Tolerance
8. Diet and Nutrition
9. Self-Care

Pricing Guide

- \$900 for all 5 sessions
- Payments are made in full before the start of the first session.
- Credit cards (HSA, Amex, Discover, MC, and Visa), cash, and check are accepted.

Contact Information

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Using play therapy tools to develop the heart, mind, and soul of children.

We as parents are to guide and shepherd our children. In this day and age, this is not an easy task! The saying, “It takes a village.” is more true than ever. I look forward to walking alongside you as you learn to be able to truly see and hear your children.